

## Research and Information Newsletter

January 2020

### Free Webinar from NCCN



**FREE Patient Webinar**

 Know What Your Doctors Know:  
**Ovarian Cancer**

The banner features a teal header with the text 'FREE Patient Webinar'. Below this, on the left, is the NCCN logo and the text 'Know What Your Doctors Know: Ovarian Cancer'. On the right is a photograph of three women of different ages smiling together.

The National Comprehensive Cancer Network (NCCN) is hosting a free webinar that will help participants:

- Demonstrate an understanding of what ovarian cancer is and how it is diagnosed and staged.
- Compare, discuss, and select treatment options with their doctor.
- Discover the most recent advancements in ovarian cancer care.
- Identify and utilize supportive care and patient and caregiver resources.

There are TWO chances to attend:

- Weds., Feb 19 from 11:30 am - 12:45 pm MST
- Mon., Feb 24 from 3 pm - 4:15 MST

Click [HERE](#) to learn more and register!

### Nicki's Circle Online

In Nicki's Circle Online, survivors will be able to connect to other survivors, share information, give recipes, find articles/videos, and know the latest events with COCA and Nicki's Circle.

Nicki's Circle Online is a members-only site sponsored by COCA where you can keep in touch with the women of Nicki's Circle Ovarian Cancer Support Groups and engage in continued conversation.

Join for free, create a profile, write a blog, start a discussion or message other survivors. Caregivers are welcome.

Check it out! [Nicki's Circle Online](#)



### Seeking Awareness Ambassadors

COCA Awareness Ambassadors reach out to their

immediate community with the goal of raising awareness of ovarian cancer symptoms and risk factors in many ways:

- Fulfill bi-monthly "Awareness Kit" Duties (mailed to Ambassadors by COCA with materials and instructions). These Awareness Kits will give you materials and guidance for reaching out into your community to raise awareness!
- Raise awareness on social media.
- Spread the word about ovarian cancer symptoms and risk factors through gatherings such as garden clubs, book clubs, women's groups, etc.
- Encourage others to volunteer and become Awareness Ambassadors.



COCA will supply you with everything you need! Including training and support!

Learn more and sign up here: [AMBASSADORS](#)

You may want to also sign up for one of our Health Fair Training classes to help prepare you. Scroll down to the "Raise Awareness" section of this newsletter to sign up for a health fair training class.

---

## Results from PARP Inhibitor Clinical Trials

Drugs known as PARP inhibitors are used to treat some women with advanced ovarian cancer that has returned after earlier treatment. Now, results from three new clinical trials show that the drugs might also benefit women who are newly diagnosed with advanced ovarian cancer.

The studies—which tested the PARP inhibitors niraparib (Zejula), olaparib (Lynparza), and veliparib, respectively—involved women with high-grade serous epithelial ovarian, fallopian tube, or primary peritoneal cancer.

Learn more about how PARP Inhibitors work  
AND about these recent studies (*in layman's terms!*) [HERE](#)

---

## Raise Awareness!!

It's almost time to Raise Awareness of ovarian cancer symptoms and risk factors at 9Health Fairs throughout Colorado.

If you've never volunteered for a health fair but want to make a difference, attend one of our health fair training sessions:

Wednesday, March 11, 2020 from 6:30 - 8 pm

Saturday, March 14, 2020 from 9:30 - 11am

Both sessions will take place in the Garden Level Conference Room at COCA's office - 1777 S. Bellaire Street, Denver, CO 80222.



[REGISTER NOW!](#)

---

## Online Resource Guide

Have you checked out our new ONLINE Ovarian Cancer Resource Guide? It's chock full of information and resources for every part of the ovarian cancer journey!

## Jodi's Race Registration is open!



**REGISTER!**

Register NOW for Jodi's Race for Awareness on **Saturday, June 13, 2020** in Denver's City Park.

You don't want to miss this!

We celebrate survivors and honor those we've lost, all while raising funds for the programs of the Colorado Ovarian Cancer Alliance.

Be part of this remarkable day!