



Colorado Ovarian Cancer RESOURCE GUIDE

3rd Edition

Presented by

CO colorado ovarian
Ca cancer alliance
www.colorado-ovariancancer.org



The information and listings provided in this guide should not be construed as an endorsement or recommendation by the Colorado Ovarian Cancer Alliance. The content is for informational purposes only. Colorado Ovarian Cancer Alliance does not provide medical advice or endorse providers of medical services.

The information presented in this guide is not intended in any way to be a substitute for medical advice or professional counseling. Please always include your health care providers in any decisions you make regarding changes in nutrition, exercise routine, and before you include complementary, alternative or integrative care into your treatment regimen.

Sources are cited for information, and the descriptions of services are from the websites of those businesses or nonprofits included herein.



Transitions

End of Life



The Conversation Project

“The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care... We believe that the place for this to begin is at the kitchen table—not in the intensive care unit—with the people we love, before it’s too late... Together we can make these difficult conversations easier. We can make sure that our own wishes and those of our loved ones are expressed and respected.”

<http://theconversationproject.org/>

★ HOSPICE CARE

In the course of dealing with recurrent ovarian cancer there may be a point where tough decisions will need to be made. If you know that your quality of life is no longer what you wish it to be, hospice care can be started once the decision is made not to pursue any further medical treatment. It is highly suggested that a hospice team be called in sooner than later, as they offer compassionate care for both the patient and the family during the transitional time before death. The hospice team is similar to a palliative care team - including a palliative care physician, nurses, certified nurses’ aids, social worker and chaplain - and can be tremendously supportive through the entire process. It can also be the case that one “graduates” from hospice if the progression of disease stops and quality of life is resumed.

Hospice & Palliative Care Association of the Rockies – Find a Provider

303-848-2522 info@coloradohospice.org

“Welcome to the Colorado Center for Hospice & Palliative Care’s Find-a-Provider page. Here you can find a provider that’s right for you, whether you or your loved one lives in Denver or Durango, Craig or Lamar — or some other part of our state. Our member providers are committed to offering the highest quality care at all levels of need. You can find anything from assisted living care to community bereavement support programs. Click on the map to search by county. You may also search by services, certifications and licenses by using the table...”

www.coloradohospice.org/patients/find-a-provider/

The Denver Hospice

501 S. Cherry St, #700, Denver, CO 80246. 303.321.2828

“The Denver Hospice has a reputation as the most trusted and comprehensive hospice and palliative care provider serving the Denver-metro area.... Through our clinical staff, Inpatient Care Center at Lowry, and health care partnerships, The Denver Hospice serves a nine-county metro area. No matter where you reside, we have a team of hospice specialists nearby.”

www.thedenverhospice.org

Grief Support



The Heartlight Center

11150 E. Dartmouth Avenue, Denver, CO 80014

720.748.9908 info@heartlightcenter.org

“HeartLight Center provides affordable grief support and education for adults in our community who are experiencing the pain and sorrow following the death of a loved one. Offered in group sessions, our work provides participants with the community and insight to gain the strength and peace they need to effectively move forward with their lives.”

www.heartlightcenter.org

Open To Hope

“Open to Hope Foundation® is a non-profit foundation with the mission of helping people find hope after loss. We invite you to read, listen and share your stories of hope and compassion. We have helped over 2,000,000 people in 26 countries find hope after the death of a loved one.”

www.opentohope.com/

National Widowers Association

“The National Widowers’ Organization is a virtual toolkit for men coping with the loss of a loved one, a place where men can meet others going through the same transition... As new and continuing research shows, there’s one loss that men could use a little help from their friends to cope with. That’s the loss of a spouse or a lover or a parent or a child or a lifelong friend... Those of us who have been where you now may find yourself (or lost yourself), after losing the love of your life, have gained a little information, have put together a kit of coping tools that belong in your garage right about now.”

www.nationalwidowers.org/

Judi’s House - for grieving children

1741 Gaylord St., Denver CO, 80206 720.941.0331

“The mission of Judi’s House is to help children and families grieving a death find connection and healing. Our vision is that no child should be alone in grief. Since 2002, Judi’s House has supported more than 7,000 youth, ages 3-25, and their caregivers, toward our vision that no child should be alone in grief. We believe that investing in these vulnerable children will help them build resilience and the coping skills they need to adjust to their loss, and handle future challenges.”

www.judishouse.org

Camp Comfort - for grieving children

“Camp Comfort is a weekend camp offered twice each summer by Mt. Evans Home Health & Hospice to address the special needs of grieving children ages 6 to 12.”

www.mtevans.org/camp-comfort/about-camp-comfort/

COCA honors losses in our community:

www.colo-ovariancancer.org/weremember