

# **Ovarian Cancer Research and News**



Research related to ovarian cancer treatments and diagnostic tests is ever evolving and progress is being made!

Whether you're a survivor or someone whose life has been impacted by ovarian cancer, it's helpful to keep abreast of the latest research and news.

### Precision Medicine for Ovarian Cancer Care

The Society for Gynecologic Oncology (SGO) Meeting this past March in San Diego brought



IMPROVING TREATMENT OPTIONS FOR OVARIAN CANCER PATIENTS

together physicians and scientists from all over the world to share the latest research, treatments, and thinking in gynecological cancers including ovarian. The Clearity Foundation co-hosted a symposium with Foundation Medicine, Inc. entitled "Precision Medicine for Ovarian Cancer Care."

Follow the link below to read a summary of this presentation. Precision Medicine Symposium

It is also important to note that The ClearityFoundation will pay for the genetic profiling of recurrent ovarian cancer tumors if a woman's insurance does not cover the cost.

In addition, Clearity works with women to find appropriate clinical trials.

Learn more on the Clearity website: www.ClearityFoundation.org

### **Ovarian Cancer and Clinical Trials**

May 4, 2016 - Understanding how clinical trials work and the pros and cons of enrolling in trials is important for every woman with recurrent ovarian cancer. Oliver Dorigo, MD, PhD, Director of the



Stanford Gynecologic Oncology Clinical Care Program and Director of Stanford Obstetrics and Gynecology's Division of Gynecologic Oncology recently provided an introduction to clinical trials for ovarian cancer patients. Dr. Dorigo discussed what clinical trials are, why they are important and how they work, the pros and cons of enrolling in trials, and things to think about and questions to ask your doctor about clinical trials.

You can hear a recording of his presentation here: Clinical Trials: What You Need To Know

# Highlights from the Society of Gynecologic Oncologist's Annual Meeting

March 30, 2016 - Ovarian Cancer Research Fund Alliance staff and volunteers recently attended the Society of Gynecologic Oncology's (SGO) Annual Meeting on Women's Cancer, held March 19-22, 2016 in San Diego. Every year women's cancer physicians and researchers gather at this meeting to discuss the latest in the care and treatment of women with ovarian and other gynecologic cancers.



OCRFA Research Advocate and ovarian cancer survivor Annie Ellis attended the meeting and wrote a report highlighting the most important and interesting presentations, covering recent clinical trial results, and topics ranging from genetic assessment to survivorship issues.

You can read the report here: SGO Highlights

## **Update on Intraperitoneal Therapy (IP)**

April 11, 2016 - Many members of the ovarian cancer community have been concerned about the results of Gynecologic Oncology Group (GOG) 252 clinical trial, which were released last month at the Society of Gynecologic Oncology's Annual Meeting on Women's Cancer.

The Ovarian Cancer Research Fund Alliance (OCRFA) consulted with a team of scientific experts, and the consensus of the group is that the results of this trial do **not** mean that patients and doctors should abandon IP chemotherapy at this time.

Read more on the OCRFA site: IP Therapy

#### The latest on Talcum Powder and Ovarian Cancer

Science says the evidence is murky at best, often self-contradictory, and may well be nonexistent. One study involving more than 100,000 women found "little support for any substantial association" between talc use and overall ovarian cancer risk.

Read this LA Times article for an update: Talc and OC



# The BENEFITS of BLOGS and SUPPORT NETWORKS!

Research at the Mayo Clinic highlights the many benefits support groups offer: less isolation, more empowerment & control, clearer expectations about your situation, and resources such as doctors and alternative options. COCA's Nicki's Circle

**Information and Support Groups** are a wonderful way for women and caregivers to share information about current medical research and how women can effectively advocate for obtaining the best health care possible.

There is also the time and space to share the emotional ups and downs of a cancer diagnosis. Click <a href="HERE">HERE</a> to learn more about Nicki's Circle.

Some women also find it helpful to connect with others through blogs and online networks. Cancer Survivors and Caregivers write blogs for many reasons—to inform, to inspire, or just to vent their emotions. Here are just a handful of cancer blogs that we think might be of interest to you!

#### It's healthy to CONNECT with others!

- The Clearity Portal is a great way to keep up to date with the latest information about ovarian cancer research and connect with other women and caregivers. Coloradoan and 8-year survivor Annette Benning McElhiney has a great blog you won't want to miss: <a href="http://www.clearityfoundation.org/patient-resources/community/">http://www.clearityfoundation.org/patient-resources/community/</a>
- The Ovarian Cancer Research Fund Alliance has a very helpful network just for OC survivors called Inspire: <a href="https://www.inspire.com/groups/ovarian-cancer-national-alliance/">https://www.inspire.com/groups/ovarian-cancer-national-alliance/</a>
- Help Keep a Sister Alive: <a href="http://helpkeepasisteralive.org/">http://helpkeepasisteralive.org/</a>. This great site includes a list of other blogs and provides lots of great resource information for survivors and caregivers.
- Cancer Support Community not only has a great general cancer blog, but wonderful resources for survivors throughout their journey: http://www.cancersupportcommunity.org/
- Cancer Care's general cancer blog is worth checking out:
   http://www.cancercare.org/blog
   And Cancer Care provides online and phone support specifically for ovarian cancer patients:
   http://www.cancercare.org/diagnosis/ovarian\_cancer

Follow this link to see a list of support groups and networks from our Resource Guilde:

# OCRFA Research Helps Explain Resistance to Chemotherapy

May 4, 2016 - Research funded in part by an Ovarian Cancer Research Fund Alliance research grant to Dr. Weiping Zou at the University of Michigan has shown that the sensitivity and resistance to cancer chemotherapies is not fully explained by genomic mechanisms as it has previously thought. In fact, it may be affected by effector T cells (cells that defend the body in an immune response) in the tumor microenvironment.

Thus, a combination of platinum-based chemotherapies and immunotherapy could be a promising approach to treating cancer.

The results were published recently in *Cell*. You can read the full abstract here: Chemo Resistance

# **Curing Cancer**

April 14, 2016 - Facebook President Sean Parker announced his \$250 Million plan to aid in the cure for cancer. But he isn't the only one working to facilitate this kind of sharing of intellectual property among cancer researchers. The University of Colorado is part of ORIEN (Oncology Research Information Exchange Network) which is an alliance of top cancer

research institutions in the US. It is an exciting time for cancer research!

Read the CNN article about Sean Parker's plans HERE.

Click **HERE** to find out more about ORIEN.



"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

ALBERT EINSTEIN



Colorado Ovarian Cancer Alliance NEW ADDRESS: 1777 S. Bellaire St., Suite 170, Denver, CO 80222 303-506-7014 www.Colo-OvarianCancer.org

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Colorado Ovarian Cancer Alliance | 1777 S. Bellaire Street, Suite 170, Denver, CO 80222

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